

Salsa Rhythms

		1 musical measure				1 musical measure				
<u>Musician's Count</u>		1	2	3	4	1	2	3	4	
<i>The Counts</i> $\frac{4}{4}$		●	●	●	●	●	●	●	●	← the beats
"The 6 Count"		1	2	3	"and"	4	5	6	"and"	
"The 8 Count"		1	2	3	(4)	5	6	7	(8)	
<u>Musician's Count</u>		1	2	3	4	1	2	3	4	
<i>Clave</i>			●	●		●	●	●		
			Note: Clave emphasizes both "2" and "1" in the music... and has one count in-between beats							
<u>Musician's Count</u>		1	2	3	4	1	2	3	4	
<i>The Steps</i> $\frac{4}{4}$		●	●	●	●	●	●	●	●	← the beats
Men's Basic Step		L	R	L	x	R	L	R	x	
Ladie's Basic Step		R	L	R	x	L	R	L	x	
"The 6 Count"		1	2	3	"and"	4	5	6	"and"	
or										
"The 8 Count"		1	2	3	(4)	5	6	7	(8)	
		↑								
		("Breaking on one")								
										<i>In the 6 count, even numbers are one foot, and odd numbers are the other foot...</i>